



FLYwheel

Flywheel Waiver & Release Form

- (a) **Medical Recommendations.** Member should consult with his or her physician or have a physical examination before using any of the Club's facilities or enrolling in any of the Club's classes, especially if Member is elderly, pregnant, has a history of heart disease, high blood pressure or other chronic illness, or is unaccustomed to physical exertion or has other physical limitations.
- (b) **Activity Risk.** Any strenuous athletic or physical activity involves certain risks. Member and his or her guests assume the risk of any and all accidents or injuries of any kind that may be sustained by, or in connection with, use of Club facilities. The Club cannot guarantee that any facility or equipment is free of risk. Member agrees to use care in the use of Club facilities, equipment and services and to protect against accidents by other members.
- (c) **Medical Disclaimer.** Member has been informed and acknowledges that the Club makes no claims as to medical results that can or may be obtained through use of the Club's facilities, equipment or services. The Club has neither suggested nor will suggest any medical treatment to Member. Only licensed medical professionals are qualified to give medical advice. Member is instructed not to act on the advice given by any unlicensed employee unless such advice has been verified by Member's licensed physician.
- (d) **Member's Health Warranty.** Member represents that: (i) there are no medical or physical conditions that would preclude his or her use of the Club's facilities; (ii) he or she has not been instructed by any physician not to use Club; and (iii) he or she is in good health and has no disability, impairment, injury, disease or ailment preventing him or her from engaging in active or passive exercise or which could cause increased risk of injury or adverse health consequences as a result of exercise.
- (e) **Member Release and Indemnity.** By signing this Agreement and/or by attending classes or otherwise participating in Club activities, Member hereby acknowledges and agrees that there are inherent risks in indoor cycling and exercise, and in using the equipment associated with the Club's classes or instruction. Member assumes full responsibility for his or her use of the Club's facilities and shall indemnify Flywheel Sports and its shareholders, affiliates, agents and employees, against any and all liability arising out of the use of the facilities. Additionally, Member and his or her guests shall hold the Club harmless from any loss, theft, cost, claim, injury, damage or liability incurred as a result of Club use and membership activities.

Date _____, 20____

Signature

Your First Name

Your Last Name

Email Address

Mailing Address

City

State

Zip

First Name of Member (if you're a Guest)

Last Name of Member (if you're a Guest)

Emergency Contact Name

Area Code

Phone Number